



Mark Lanham, Stephanie Parker Lanham, Directors

Policies and Procedures 2024-2025

Please Read and understand the rules and requirements for the ballet track. The LanDance Ballet Track is a professional level ballet program. Our program offers training in classical ballet as well as neo-classical and contemporary ballet. In our 20 years in Amarillo, our students have performed in various Outreach programs with Chamber Music Amarillo and Amarillo Symphony and tours to other towns including Pampa, Texas and Clayton, New Mexico. We have brought in many guest teachers from around the country. This illustrious list includes: Paul Koverman, Autumn Eckman, Jennifer MacNamara, Ingeborg Heuser, Mia Cunningham, Arkady Orohovsky, Edward Truitt, Rachel Lanham Kitto, Eliza Jones and Lauren Hamrick-Yoshawirja.

PERFORMANCE AND COSTUME FEES/PERFORMANCE DATES

1. Outreach performances are mandatory if a student is casted.
 2. LBT Winter Concert (Clara's Dream) is mandatory: All Levels 1-6.
 3. LBT Spring Concert is not mandatory, but it is highly encouraged to participate: All levels 1 -6
- Outreach Fees - Determined based on the outreach program
 - Winter & Spring Concert Performance Fee - \$55.00 per production - Performance fees cover rental costs of performance space. Only one fee per performance/family no matter how many classes. Fee paid directly to Mark & Stephanie Lanham
 - Winter & Spring Concert Costume Fee - \$100.00 per student - Costume fees cover purchase, rental or construction of all costumes for all Ballet Levels. Fee paid directly to Mark & Stephanie Lanham
 - **Performance Fees and Costume Fees for Outreach, Winter & Spring Concert: Due date will be announced in a timely fashion to ensure delivery/construction well before the performance date.** We know that these fees may stretch some families financially, so we suggest that you plan ahead and make installments, if necessary. We will work with you in any way we can.
 - Fees are non-refundable after costumes are ordered or rented. NO EXCEPTIONS!

1. Outreach 2024:

Peter and The Wolf with the Amarillo Symphony - Mandatory Rehearsals October 19 and 21 in studio; Dress Rehearsal October 22, Performances October 22 and 23 at The Globe News Center.

2. Winter Concert 2024:

Clara's Dream - NO PERFORMANCE THIS SEASON/Select Divertissements from Clara's Dream WILL be performed in the Edge Winter Recitals December 16 & 17, 2024

3. Spring Concert 2025:

Spring Concert 2025 - Dress Rehearsal Friday May 16, 2025 and Performance May 17, 2025. At the Branding Iron Theatre @ WTAMU in Canyon.

Levels 1-4 will rehearse in class during the Fall & Spring Semester for Winter Concert 2024 & Spring Concert 2025. Levels 1-4 will rehearse also on Saturday's during the Fall Semester 2024 & Spring Semester 2025. (as we have done the past 20 seasons). Rehearsal schedule will be emailed as we have done the past 20 seasons.

Levels 5 and 6 will have rehearsals throughout the year, they are built into the class schedule and are mandatory. No exceptions (Unless pre-approved by us at the beginning of the Fall Semester; NO SURPRISES!)

Outreach, Winter Concert, Spring Concert rehearsal days: these rehearsals are built into the schedule. Students will be assigned days and times. Saturday's are mandatory at pre-determined times of the school year.*

***Students on the competition team/track: competitions are taken into account. Non-Mandatory Dance Conventions and/or extra travels need to be pre approved at the beginning of the Fall Semester if you are participating in the Spring Concert.**

Students not participating in the Spring Concert: classes will NOT be affected by rehearsals. Please tell us at registration if you/your child will not be participating in the Landance Ballet Track Spring Concert.

ATTENDANCE

Attendance is mandatory. **Parents must contact Mark and Stephanie prior to a missed class for the child to be considered for a make-up class.** Missed classes can be made up in an appropriate level class at the discretion of Mark and Stephanie. Students on the comp team must meet comp team requirements for number of ballet classes attended. Levels 4-6 Students participating in the Spring Concert must meet minimum class requirements to participate in the Spring Concert.

Sick Days and Injuries

If a student is sick or injured and will miss ballet class, Landance Ballet Track must be notified, via text or phone call, immediately. We will also require a physicians note in cases of an injury: we will not allow a student to participate in classes, rehearsals or performances without a release from the students physician. NO EXCEPTIONS!

Attendance is mandatory for rehearsals the two Saturdays before the Spring Concert. This year the Spring Concert is May 16-17, 2025. Please plan ahead.

Please note: Being involved in other extracurricular activities is not a license to miss class. Missing class or rehearsal is detrimental not only to your performance but also the entire production during performance/rehearsal periods.

CLASS RULES AND ATTIRE

- Ladies Hair – Hair is an integral part of any ballet student’s attire and will be treated as such. Just as you would not be allowed into class in ill-fitting ballet shoes, “messy” hair will not be tolerated. Hair needs to be secured in a neat bun prior to class starting; NO EXCEPTIONS. **Bun needs to be secured with hair net and bobby or hair pins. Levels 5 & 6: Hair may also be worn in a french twist.**
- Absolutely NO Fingernail polish, gels or acrylic nails. *Student will get 1 warning only. Second time, student will be asked to leave class.
- NO Jewelry!! i.e. Facial piercings of any kind, rings, necklaces, bracelets. ONLY Small stud earrings are allowed.
- Gentleman Hair: Neat and tidy, slicked back
- **NO tattoos of any kind.* No warnings; student will be asked to leave class.**

Dress Code Ladies and gentleman

***Ladies: NO panties or bras or sports bras of any kind. Leotards are made with liners and shelf liners. Undergarments for dance wear are available online at various websites. If anyone wears a bra or sports bra, they will be asked to go change or leave.**

- **Level 1 Ladies (Children’s Creative Movement) –Leotard: any brand in White,** tights with PINK canvas ballet slippers in good condition.
- **Level 2 Ladies (Pre/Beg Ballet) -Leotard: any brand in Light Pink,** PINK tights with PINK canvas ballet slippers in good condition.
- **Level 3 Ladies (Beg Ballet) - Leotard: any brand in Bright Pink,** PINK tights with PINK canvas ballet slippers in good condition.
- **Level 4 Ladies (Beg/Int Ballet) - Leotard: any brand in Purple,** PINK tights with PINK canvas ballet slippers in good condition.
- **Level 5 Ladies (Int Ballet) - Leotard: any brand in Burgundy:** on Monday, Tuesday and Thursday; optional solid colored leotard on Friday, Saturday and LBT rehearsals, PINK tights with PINK ballet slippers in good condition. (Traditional Canvas ballet slippers only)
- **Level 6 Ladies (Int/Adv Ballet) – Black Leotard: any style except halter or “strappy”, any brand:** on Monday, Tuesday and Thursday; optional solid colored leotard on Friday, Saturday and LBT rehearsals, PINK tights with PINK ballet slippers in good condition. (Traditional Canvas ballet slippers only)
- **Gentlemen All levels** - White or Black T-Shirt, Black Tights, Black Canvas Slippers or White Socks and White Canvas Slippers.

- **NOTE: the following apply to ALL Ladies in All ballet classes:**
 - **Tights – Full-footed and in good condition. Please, no seamless or spandex style tights. (Mesh tights with a backseam)**

Brand: Bodywrappers Style #'s: Adults: A45 Children: C45/ Color: Ballet Pink

- **Skirts – NO skirts will be worn in class, unless specified by the instructor.**
- **Leotards – Leotards must be in good condition.**
- **Ballet Slippers & Pointe Shoes – All shoes are expected to be in good condition.**

Pointe Shoes: Mark and Stephanie decide when a student will go on pointe. We do not require a particular shoe (exception: NO Russian Pointe, Grishko or Gaynor Minden Brand pointe shoes); when the time comes, Mark and Stephanie do require a professional fitting, either by them or other recognized experts.

Ballet Slippers: Canvas ONLY NO Leather!!

Reminders for Ballet Class, Pointe and Rehearsals

- Students are expected to be prepared to dance when class starts. This means that stretching and all preparations need to be done prior to class time. Students are expected to be standing & ready at the Barre when class is to begin. Students are expected to go into the studio to prepare for class immediately upon arrival. No lingering in the hallways, dressing rooms or bath rooms.
- If a student is more than 15 minutes late, the student will be allowed to observe the class, but will not be allowed to participate.
- Students are expected to exhibit proper class behavior. This includes:
 - Being focused and attentive to instructor
 - Not talking
 - Showing courtesy to others and being aware of other's personal space
- Distractions will not be tolerated

- No cell phones, dance bags, food or water in studio
- **PARENT / STUDENT RESPONSIBILITIES**
- There is adequate parking in the parking lot. Please park and escort your younger children into the studio, and again from the studio.
- For parents of young children, please pick up your children as soon as class is over.
- **Notices, schedule changes, etc., for the Ballet Track will be emailed to parents and students with email addresses as well as Facebook.**
- No food or drink allowed in the studio's during any ballet, pointe or LBT rehearsals. Snacks and water are provided at the front desk.
- Students are expected to clean any mess they make in the studios.
- **Students and parents are expected to be polite to one another as well as all dance teachers. Any rude or aggressive behavior from students or parents will not be tolerated. Any use of offensive language or harassment of any dance teachers will result in dismissal from the Landance Ballet Track. Parents are prohibited from disciplining another child, besides their own. They are to report any questionable student behavior directly to the front office.**
- **Any student whose actions tarnish the reputation of any of the dance teachers, jeopardizes the safety, order, and discipline, or social cohesion of the studio, or whose behavior serves as a negative influence on the studio or other students, regardless of where or when those actions occur, including on social media websites, may be subject to suspension or expulsion at the discretion of the administration.**
- **The climate in our society today generates a good deal of fear about certain forms of abuse in teaching and mentoring situations. Please realize that we must employ some "hands on" coaching, much the same as in "spotting" in gymnastics. As parents of seven children, two of whom are heavily involved in dance training, we understand this potential problem very well. We invite you to observe exactly what we are doing so that you and your children will feel comfortable. We**

sincerely want to maintain the trust of both parents and of our students
as we give them the best training we can.

One Last Thing.....

◆ Landance Ballet Track teachers wish to sincerely thank you for your confidence and trust in selecting us to work with you and your children. We are determined to give our students the best training, coaching, and performing experiences possible, and to enrich their lives and prepare them for the future, no matter how they choose to express themselves in the world of dance.